

Makande

Ya ChildFund

E-Newsletter

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An Engaged Staff is a Productive staff

Editorial

Editorial Team: Priscilla, Clay, Chola, Fanwell, Dingase, Gertrude and Consolata

While the story is still topical, as the Makande Editorial Team, we would like to express our sincere congratulations to the 83 students that graduated as the first cohort of Registered Nurses using e-learning teaching methodology.

We applaud the Late Minister of Health, Dr. Joseph Kasonde and his team from Ministry of Health that showed courage and belief in ChildFund that this approach was a possible approach to training. We also applaud the lecturers and management staff in the four pioneering schools of nursing namely Livingstone, Ndola, Mufulira and Kitwe that took a bold step even if this put their reputations at stake. The steps you took have helped the Zambian health sector to open a new chapter in history as far as nurse training is concerned.

Am sure many of those that said it can't just be done must have been watching the 14th and 16th September 2017 Graduation Ceremonies in Ndola and Livingstone respectively with envy.

Anyway, what is critical is to accept the fact sometimes change come at a great cost and that's when we need men and women of courage and commitment.

We share our pride with the rest of the ChildFund Family for having been part of the great history in making. We are sure that with the resounding success recorded

in the training of Registered Nurses using e-learning or the blended approach as some eminent trainers have called it, this will remain a critical training approach for nurses and other health personnel.

Photo Gallery



Meet the man that makes ChildFund green & loves it

Story by Fanwell & pictures by Clay

For anyone that has been to the ChildFund Zambia Country office, you cannot miss the green and well kept

introduced to ChildFund, until he was formerly employed by the organisation six years later.

Leonard's work has always been exemplary and has won best worker of the year twice while here at ChildFund. "I like what I do that's why the previous directors recognized and praised me," he says in a soft but confident voice. This he has continued to-date. Watch him as he works in pictures.

His Supervisor states that Leonard is the best worker and very committed to his work.



lawns. This is all due to the passion and dedication of one member of the ChildFund family: Leonard Banda. Born 45 years ago, Leonard is married to his lovely wife Edah Miti Banda with whom they are blessed with 5 children. Before Joining ChildFund Zambia in 2008, Leonard worked as a casual worker in the maintenance department for ZESCO and Roads Department.

Leonard moved to Lusaka in search of what he called 'greener' pastures. He joined his uncle, Victor who was staying in Matero compound and running a welding company called Viba, which was a preferred maintenance company for ChildFund, then known as Christian Children's Fund (CCF). Through this company, Leonard was in 2002

"Leonard works with very minimum supervision. He is committed and ever willing to go an extra mile." She said.

What makes him happy?

"The work I do and the praises I get for a job well



done keeps me going and motivates me to do better every day.

Leonard the family man



“Sometimes I ask people to get photos of me standing in the lawn when I do a good job. This makes me feels very proud and as I look at the photos, I’m



humbled to know that I have a reason to wake up every day.”

What about his aspirations for the future and his children:

“My children are currently doing very well in school. I work hard every day to put food on the table and ensure that they get a good education. I want them to be employed and look after themselves properly in future.”

True to his word, Leonard is a committed father and husband. His work ethics extend to his family as he likes keeping the home as clean and organized as possible.

Leonard, who used to play football as a number six in the Isoka Rangers, a Council sponsored team between 1992 and 1995 now enjoys watching football. He also enjoys gardening when he is not working.

Despite his humble educational background, there's no one at ChildFund who would not like to work with Leonard. Indeed, this is an ideal worker to have around.

Balanced Life

Spiritual Talk - Priscilla Chama

Psalm 92:12-13



The righteous shall flourish like a palm tree;

In the midst of turbulent times, where do you go? You might have suffered the effects of a physical storm, or there might be a storm in your family, in your health, in your career or in your relationships, that is causing you to be more than aware of your need for a place of security and a place of certainty.

Life doesn't go in a straight path. It isn't going to play out as you first thought it would. Your life is like a book - it has plot twists and unexpected events. But the Lord will be the One we can always count on.

You may feel right now like everything is at the mercy of an uncontrollable storm of some kind, but not only is God going to make something great come out of what you are going through, but you are not going to break in the process. The reason is that you are like a palm tree: you have deep roots that anchor your life in God, and even if it feels like you

are bent right over, you will not snap. Even if it looks like you are at rock bottom, it is still not the end for you.

The same God who did it before for you, is sure to do it again,

CHICKEN CURRY WITH PEANUT BUTTER by Dingase Daka

Ingredients

1 large Onion, peeled
2-3 Grated Tomatoes depending on amount of chicken
1 or 2 Garlic Cloves
4 Table spoons. Cooking Oil
Curry paste Rajah (you can mix the different types of rajah) or Madras
1tbsp. lemon & herb
1/4 tsp. of black pepper
1/4 Cup of Creamy Peanut Butter
Coconut Milk600ml
Chicken Stock400g
1 1/2 tbsp. sugar
Chicken pieces



Method

1. Grate the garlic and onion or chop until almost mushy.
2. In a medium sauce pan heat coconut milk, peanut butter and sugar until they come to a very small boil then Set aside and cool.
3. In a heavy pot, heat the oil over high heat and add the onion and garlic until they turn golden, then stir in the curry and other spices sauté for a minute longer.
4. Add drained salted chicken pieces and stir fry with the onion and garlic until chicken is cooked through and brown
5. Pour in the grated tomatoes and cook, stirring to prevent sticking, for about 5mins.
6. Add the sauce and chicken stock and gently simmer for about 20 minutes.
7. Garnish with chopped spring onion and serve with rice, nshima or pasta.

Staff wellness and knowledge

By Consolata Sakala

Employee wellness programs are a way to attract top talent, keep staff happy and productive and decrease employee turnover. One of the activities being implemented at ChildFund Zambia is the Monday Morning Meet and Greet (MMMG), which is facilitated by any of the five staff wellness teams which have been established.

In this quarter's issue we would like to take everyone back as we reflect over the activities which have shaped the MMMG over the past few months since inception as follows:

- On one particular Monday there was a pick a question and answer; each individual was requested to pick a question (e.g. "what are you most scared of?", "What is your favorite color" "what is your favorite aroma etc.)
- On another day teams were requested to draw lessons from activities like organizing a wedding, how football is organized, the concept of farming etc., to compare and apply to the day to day operations of ChildFund.
- Recently we used the meeting to share highlights of the recent visit by CEO and President of ChildFund International.

By Ayah Ahmed

Facts

Did you know camels have 3 eyelids to protect themselves from blowing sands?



Did you know your heart is the same size as your fist?



Did you know that horses and cows sleep while standing up?

Quotes

"Joy is prayer; joy is strength: joy is love; joy is a net of love by which you can catch souls." "Mother Teresa

"There can be no keener revelation of a society's soul than the way in which it treats its children."

Nelson Mandela

For any Comments:

Contact any member of the Editorial Team

